

Vero Beach Karate Association

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"Self Defense – Fitness – Personal Development"

After much prayer, study of information from the CDC and Florida Department of Health, discussions with parents, multiple primary care physicians and other health professionals, I feel that the most appropriate action to take in light of the strict COVID-19 State Guidelines and the effort to mitigate the outbreak in our area, is to discontinue classes at the Main School location this coming week and through Spring Break (March 16th - 28th). This will also include not holding a Spring Break Camp. This decision has not been made lightly and is not a reaction to any hype or hysteria, it is made because of concern for our students and their extended FAMILIES as well as our employees and their families. While I might not know of all your family's situations, I do know enough of you to be worried about the impact of this new virus on the people who are more vulnerable and might be at a higher risk of adverse health complications from COVID-19. Most children and younger adults have a more robust immune system and will do just fine, but if they bring it home to an older parent, grand-parent or someone with a chronic medical condition, they might be at risk for severe illness.

We will be keeping you informed by way of Facebook and Kicksite emails and texts. We are also developing plans for at home practice and receiving training hours necessary for your next level. Please check these areas often.

I want you to understand how much the VBKA family is appreciated and loved by the Willis family, all of the instructors and myself. Know that you will be in our thoughts and prayers as we all travel through the next few weeks as best we can.

Cathy Watkins, Manager

A Member of the United States Karate and Jiu Jitsu Association
"Family Oriented Self Defense and Life Skills Centers"